

appetizers

*appetizers are brought to the table in the order they are prepared.
sharing is encouraged.*

red pepper hummus with tortilla chips and flatbread 7.50

nachos tortilla chips topped with cheese, black beans, roasted corn, pico de gallo, kalamata olives, guacamole and sour cream 10.50

fried pickles crispy pickle chips with zesty remoulade 7.95

grilled vegetable quesadilla 7.95
with beef** or chicken 2.00—with shrimp 3.00

warm crab dip creamy crab dip with grilled corn, red pepper and green onions served with warm pita bread 9.95

wings choice of spicy, caribbean jerk or honey bbq 10.50

sliders** 4 mini beef burgers cooked to your specifications and served with cheddar cheese and pickles 10.95



crab cake sliders 3 mini crab cake sliders served with chipotle aioli or remoulade sauce 10.95

fried calamari lightly breaded calamari rings served with fried jalapenos, garlic aioli and cocktail sauce 10.95

baskets

basket of fries america's favorite tuber, fried 4.95

cheese fries classic fries smothered in cheese 8.95

chili cheese fries fries, cheese and chili all at once 9.95

mac & cheese wedges breaded mac & cheese triangles served with ranch dressing and marinara sauce 8.95

gourmet breaded onion rings served with chipotle aioli and ketchup 7.95

hot pretzel basket two giant soft pretzels with yellow mustard, honey mustard or ranch dressing 7.95

doggie basket 2 beer-soaked, all-beef hot dogs grilled and served with your choice of catsup, yellow mustard and/or diced onions 7.95
with chili 1.50—with cheese 1.00

chicken tender basket crispy chicken tenders and fries served with honey mustard and sweet & sour dipping sauces 8.95

fish & chips crispy pieces of beer battered cod served with french fries and tartar sauce 10.50

fish tacos fried cod, cabbage, tartar sauce, diced jalapeno and pico de gallo wrapped in soft corn tortillas 9.95

appetizer salads

greek salad

iceberg lettuce, tomato wedges, cucumber, red onion, kalamata olives and feta cheese served with greek dressing 5.95

chopped salad

chopped romaine, grilled corn, avocado, blue cheese crumbles, diced tomatoes, bacon, apples and chicken served with balsamic vinaigrette 6.95

cranberry walnut salad

mixed greens, dried cranberries, chopped walnuts, red grapes and gorgonzola crumbles served with shallot vinaigrette 5.95

salads

add beef** or chicken 3.00 ~ grilled shrimp 4.00 ~ 4oz grilled or blackened tuna** 4.00

traditional caesar topped with spicy croutons and grated parmesan cheese half 4.50—full 8.50

calamari salad your choice of a traditional caesar or house salad topped with fried calamari. 9.95

chinese chicken salad iceberg, napa cabbage, veggie slaw, mandarin oranges, almonds and fried wonton strips topped with chicken skewers and spicy peanut sauce with a ginger dressing 10.95

southwestern salad mixed greens with black beans, grilled corn, diced bell peppers & pepper jack cheese with salsa, sour cream, guacamole and served in a tortilla bowl with cilantro lime dressing 9.95

house salad fresh mixed greens with cucumbers, carrots, tomatoes, kalamata olives and red onions half 5.00—full 8.50

buffalo chicken salad romaine lettuce with carrots, red onions, tomatoes, cucumbers, kalamata olives and crispy chicken tenders tossed in our spicy wing sauce 9.95

cobb salad romaine lettuce with chopped tomato, egg, bacon, grilled or fried chicken, avocado and crumbled blue cheese 9.95

dressing choices include: ranch, blue cheese, honey mustard, thousand island, balsamic vinaigrette, cilantro lime, shallot vinaigrette, greek feta, ginger soy, gorgonzola vinaigrette & roasted garlic vinaigrette.

***consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

sandwiches

*served with fries, black bean salad or pasta salad
add tater tots for 1.00 sweet potato fries for \$2.00
add a house or caesar 1.50 chili cup 2.00
add cheese, bacon or grilled onions 1.00
add grilled mushrooms for 1.50*

grilled cheese cheddar cheese and tomatoes on grilled sour-dough bread 8.50

south florida cuban ham, pork loin, swiss cheese, pickles, mustard and mayo on a french hoagie roll 10.50

adobo steak sandwich** adobo seasoned sliced flat iron steak cooked to your specifications with red peppers, onions, mozzarella cheese and chipotle mayo pressed on a french hoagie roll 10.95

crab cake sandwich with lettuce, tomato, onion and a side of remoulade sauce on a kaiser roll 12.95

grilled chicken breast with lettuce, tomato, red onion and garlic aioli on a brioche roll 10.50

buffalo chicken sandwich chicken tenders tossed in our own spicy wing sauce with lettuce and tomato on a hoagie roll and served with blue cheese dressing 10.50

grilled ahi tuna steak** 6 oz tuna steak cooked to your specifications with plum bbq sauce on a brioche roll 12.95

grilled portobello a portobello mushroom cap glazed with balsamic vinaigrette and grilled, topped with grilled red onion, mozzarella cheese, lettuce, tomato and spicy mayo on a brioche roll 9.95

pulled pork sandwich house-made pulled pork smothered in a sweet baby ray's bbq sauce and served on a kaiser roll with cole slaw and fries 10.95

philly cheese steak philly-style sliced steak, mozzarella cheese, grilled onions and roasted red peppers on a hoagie roll 10.50

burgers

burger** cooked to your specifications and served on a kaiser roll with lettuce, tomato and onion 10.95



turkey burger with lettuce, tomato, onion and garlic aioli on a kaiser roll 10.50

veggie burger house-made non-soy veggie patty grilled and served on a kaiser roll with lettuce, tomato and red onion 9.95

wraps & lighter options

wrapped in your choice of spinach, sun dried tomato or wheat tortilla.

buffalo shrimp wrap popcorn shrimp tossed with romaine lettuce, cherry tomatoes and blue cheese dressing, served with a side of homemade buffalo sauce 9.95

southwestern wrap mixed greens with black beans, corn, peppers, onions, pepper-jack cheese, salsa, sour cream and guacamole 8.95
add chicken, steak or portobello mushroom 2.00

south florida cuban wrap grilled ham, pulled pork, swiss cheese, pickles, mustard and mayo 10.50

buffalo chicken wrap crispy chicken tenders or grilled chicken breast tossed in home-made buffalo sauce and wrapped with romaine, cherry tomatoes and ranch dressing 10.50

blackened chicken caesar wrap spicy blackened grilled chicken wrapped with romaine, parmesan cheese and house made caesar dressing 9.95

continental club all natural Hormel smoked ham and oven-roasted turkey breast, crisp bacon, lettuce, tomato and mayo on a soft multi-grain ciabatta roll 10.50

smoked turkey & avocado all natural Hormel oven-roasted turkey breast, sliced avocado, lettuce, tomato and mayo on a soft multigrain ciabatta roll 10.50

sides

fries 3.00

back bean salad 3.00

sweet potato fries 4.00

pasta salad 3.00

tater tots 4.00

cole slaw 3.00

desserts

warm apple pie a la mode warm apple pie with lots of granny smith apples, topped with a brown sugar crumb crust and vanilla ice cream 6.95

molten chocolate cake a killer.....moist dark chocolate cake full of chocolate chips, all enrobed in a creamy dark chocolate, served warm with rich vanilla ice cream 6.95

*one tab per table please
we add an 18% gratuity to groups of 6+*

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happy hour specials

monday – friday 5:00 – 8:00 pm
saturday and sunday 6:00 – 9:00 pm

basket of fries 3.00 add cheese 2.50 add chili 3.00

fried pickles with zesty remoulade. 4.00

chicken tenders basket served with fries, sweet & sour sauce and honey mustard dressing 5.50

grilled vegetable quesadilla 5.50
with beef** or chicken 2.00—with shrimp 3.00

red pepper hummus served with tortilla chips and flatbread 4.50

wings choice of spicy, caribbean jerk or honey bbq 5.50

doggie basket 2 beer-soaked, all-beef hot dogs grilled and served with your choice of catsup, yellow mustard and/or diced onions 5.50 with chili 1.50—with cheese 1.00

hot pretzel basket served with your choice of yellow mustard, honey mustard or ranch dressing 5.50

mac & cheese wedges breaded and fried mac & cheese triangles served with ranch dressing and marinara sauce 5.95 with chili 1.00

select drafts \$3.00 miller lite, yuengling, shiner bock and northern lights ipa (subject to change)

rail drinks \$4.00 any well liquor and mixer, no martinis or margaritas



be our facebook fan (continental modern pool lounge) & follow us on twitter (@cplrosslyn) to hear about special events and promotions. enjoy 10% off any regular priced item for showing us some love!

daily specials

food specials for dine-in customers only! *late night drink specials 10pm to 2am

monday half price fish & chips or fish taco baskets ** until 11pm

tuesday half price salads** until 11pm. ladies night! half price wine 4-9pm and ladies play free all night!

wednesday half price burger day** until 11pm turkey/veggie/beef! college night! free games with id & bucket specials all night.

thursday half price cuban sandwich** until 11pm & beer of the month \$4 5-8pm! late night drink special* \$17 yuengling pitchers!

friday half price wrap** day! all wraps half price until 11pm. late night drink special* \$3 bud light aluminum bottles

saturday happy hour 6pm-9pm!! late night drink special* \$15 miller lite pitchers

sunday industry night! pool, shuffleboard and ping pong are free for the service industry (w/pay stub). happy hour 6pm-9pm!!
\$.35 wings 6-10pm! orders of 8, 16 & 24 of any style.

**plan your next party with us! continental welcomes private parties large and small.
catering menu and private lounges are available. ask a manager for details.
check out our website: www.continentalpoolounge.com**

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